



CARDINAL McCLOSKEY
COMMUNITY CHARTER SCHOOL

Health Policy

The Cardinal McCloskey Community Charter School (“CMCCS”) will make every effort to ensure the health and safety of all students. CMCCS partners with the Department of Health (“DOH”) to provide a school nurse to our students. We follow all regulations and procedures of the Department of Health and state law.

DOH regulations require that an updated immunization and physical form (including up-to-date shots) is provided by all students at the beginning of each school year and immediately after a student’s birthday for students in grades K and 1st. On June 13, 2019, legislation was enacted removing non-medical exemptions from school vaccination requirements for children. CMCCS will not violate the law by allowing any child without vaccinations to attend school beyond 14 days. We will follow the law and require every student to have completed and current vaccinations on record with no exceptions. All students who have not been immunized or exempted will be barred. Medical exemptions will continue to be reviewed and all required documentation must be provided. Student immunization records will be verified prior to the start of school and guardians of students without the required immunizations will be given 14 days to comply.

CMCCS will immediately notify you if your child becomes sick or has an accident that requires medical attention. If your child is sent to the school nurse and it is determined that he/she has a fever, is contagious, or otherwise cannot remain in school for the remainder of the day, you will be contacted to pick up your child as soon as possible. If your child is injured during the school day, a supervising staff member will complete a Student Injury Report that will be kept on file at school. You may also request a copy of the report for your records.

It is important for CMCCS staff to know if your child has an ongoing medical issue that requires special attention. Please make sure that you notify CMCCS if your child has any allergies or requires medication to be administered on a regular basis or in the event of an emergency. This information will be relayed to your child’s teachers as well as the school nurse.

CMCCS is committed to providing the support necessary to students with asthma to ensure optimal health and safety during the school day and after school hours. CMCCS requires all families, staff and students to comply with the following asthma administration procedures.

1) Any CMCCS family that has a child with diagnosed asthma must submit an updated Medication Administration Form at the start of each school year. This form must indicate whether or not a child may self-administer asthma medication and must be signed by a medical professional. The Medication Administration Form will be kept on file in the nurse's office.

2) Any CMCCS family that has a child with diagnosed asthma must provide CMCCS with an asthma pump in its original packaging. CMCCS requests that families also provide a spacer and mask. Asthma pumps, spacers and masks will be stored in the nurse's office. CMCCS requires expired medication to be replaced immediately and for all medication to be labeled with the child's name and date prescribed.

In the case that a student has lice or other similar issues, the family affected will be notified immediately. Students will be reexamined in 14 days to confirm that they have remained lice-free. Students with nits and no evidence of live head lice will not be excluded from school. If other families have the possibility of being affected, then CMCCS will send notification home.

Physical Examinations

New York State Education Department requires all students to have a physical examination as follows:

- All new entrants, in grades Pre-K or K, 1, 3, 5, 7, and at any grade level by school administration, which in its discretion determines that the exam promotes the educational interests of the students;
- To participate in strenuous physical activity;
- When conducting an initial evaluation or reevaluation of a student suspected of having a disability or a student with a disability.

The purpose of a physical examination is to:

- Make an appropriate assessment of the student's current health status;
- Determine that the student is free from contagion and fit to attend and participate in all aspects of the CMCCS program or activity;
- Indicate the need and extent to which the CMCCS program or activity should be modified to benefit the student;
- Communicate to the parent/guardian any findings which require further investigation and treatment; and
- Provide an opportunity to counsel the student and the parents/guardians concerning any health issues or conditions detected and/or securing appropriate care and supports in the CMCCS environment.

The school nurse must have the appropriate health certificate of the physical examination findings within thirty (30) days of the start of the school year. If the parent/guardian does not furnish a health certificate to the CMCCS within thirty (30)

days, CMCCS will provide written notification to the parent/guardian of CMCCS' intent to provide a physical examination of the student by appropriate licensed physician, as required by the Education Law. CMCCS cannot accept a parent's/guardian's report of a physical examination or a jotted note on prescription pad saying only that student had a physical, without the findings. Your child's pediatrician or other healthcare provider will likely have the proper form to fill out for school.

Medication Administration

The following guidelines must be enforced for any medication to be taken in school. This applies to all prescription and non-prescription (over the counter) medications, including pain relievers and cold/cough medicine.

- Parents/guardians should not allow their child to carry medicine into school or send medication in their child's lunch bag. The parent/guardian should provide the medication directly to a CMCCS staff person.
- The parent/guardian must provide the school nurse with a written order by a licensed prescriber and a written request from the parent/guardian to give the medication in school as ordered by the prescriber.
- An adult must deliver the medication in the original container labeled with the child's name to a CMCCS staff person. Medication in baggies, foil packets, etc. cannot be accepted. The label on the bottle must match the prescriber's order. If you need a second prescription bottle, so that you have one for home and one for school, your pharmacist will provide one for you upon request.
- All medications are kept in a locked cabinet in the health office.

Medication Self-Management

The school will work toward assisting students in the self-management of their chronic health condition based upon the student's knowledge level and skill by:

- Adequately training all staff involved in the care of the child, on a "need to know" basis, while maintaining appropriate confidentiality;
- Assuring the availability of the necessary equipment and/or medications;
- Providing appropriately trained nurses as required by law;
- Providing additional appropriately trained adults to complete delegated tasks as allowed by law;
- Developing an emergency plan for the student; and
- Providing ongoing staff and student education.

Emergency Medication (EpiPen and Glucagon)

The only medications that can be given by non-nurse staff in schools are EpiPens for serious allergic reactions, and Glucagon for severe low blood sugar in students with diabetes. The registered professional school nurse ("RN"), nurse practitioner ("NP"), physician or physician's assistant ("PA") must have trained the staff member to

administer the emergency medication for that particular emergency situation and given him/her approval to assist the student in the event of an emergency.

There are two instances in which an unlicensed staff member may administer **epinephrine via auto injectors**:

1. Students with a Provider Order. The Education Law authorizes schools to allow an RN, NP, PA, or physician to train unlicensed school personnel to administer epinephrine via auto-injector where an appropriate licensed health professional is not available, to students with both a written provider order and parent/guardian consent during the school day on school property and at any school function. If the provider order states the student is to receive more than one dose of epinephrine within a specified time frame, the unlicensed person may be trained to administer a second dose of epinephrine auto-injector in accordance with the student's provider order while awaiting emergency medical services transportation.
2. Students With or Without Provider Order. The Education Law permits schools to permit unlicensed staff members to administer epinephrine auto-injector to any student with symptoms of anaphylaxis regardless of whether or not there is a previous history of severe allergic reaction. These unlicensed staff members must have taken a Department of Health approved course prior to administering an epinephrine auto-injector.

Blood Glucose Monitoring

Children with diabetes have the right to care for their diabetes at school in accordance with the Individuals with Disabilities Education Act (IDEA) and Section 504 of the Rehabilitation Act of 1973, which provide protection against discrimination for children with disabilities, including diabetes. Accordingly, blood glucose monitoring is allowed in the school setting at any time, within any place, and by anyone necessitating such testing.

Independent Students¹ will keep their glucometer and related supplies with them, in order to monitor blood glucose throughout the day as needed. If requested by the student, Finn Academy shall provide the student with a private area to monitor their glucose.

Supervised Students² shall be permitted to test their blood glucose with assistance, such as verbal cues.

Nurse Dependent Students³ will need a trained staff member or licensed health professional to check their blood glucose, using the student's own glucometer and

¹ CMCCS students who can self-administer their own medications without any assistance.

² CMCCS students who have been determined by the parents and the student's physician to need supervision in self-administering their medication.

testing supplies. Whether the student will be assisted in the classroom or health office depends on how often monitoring needs to be done.

Disposal of Unused Medication

Any unused medication (including unused routine medications, or expired prescription and nonprescription drugs) must be picked up by the parent/guardian by the end of each school year. Students are prohibited from transporting medications home. If the parent/guardian does not pick up the unused medication by the end of the school year, the school nurse or designated health office personnel must document that the medication was abandoned and destroy it.

Non-FDA Sanctioned Requests/Herbal Remedies, Dietary Supplements and Natural Products

At this time, the school cannot honor requests for use of herbal remedies, dietary supplements, and natural products, including essential oils, as they are not sanctioned by the FDA. Such matters will be discussed with parents/guardians, whose cooperation will be sought to have such medications administered outside of school.

Treatment of Ill or Injured Students at School

In most instances, first aid should be given, and, if necessary, the parent may be contacted to come to school and transport the student to a medical professional. Beyond first aid, the medical care is the responsibility of the parent.

The school provides first aid care only. We are unable to make a medical diagnosis of what is wrong with a child, nor are we able to provide treatment needed, beyond basic first aid.

If a student has a problem, the school nursing staff will:

- Provide first aid care.
- For a serious problem, use the phone numbers provided by the parent to reach someone.
- For a mild or a minor problem, routine first aid care will be given.

Unfortunately, we cannot call every parent whose child reports to the nurses' office for minor injury or illness. We will attempt to reach the parent/guardian in cases of more serious illness or injury, or if there are particular signs or symptoms the parent/guardian needs to watch for at home, especially when pertaining to an injury to the head. If there is a serious or potentially life-threatening situation, the 911 system will be activated, and/or an ambulance may be called.

³ CMCCS students who have been determined by the parents and the student's physician to need a trained staff member or licensed health professional to administer their medication.

Any questions or concerns about the school nurse should be directed to the Director of Operations at the school.

ADOPTED: 8/1/23