



School Wellness Policy

Section 204 of the Child Nutrition and Women, Infants and Children Reauthorization Act of 2004 (Federal Public Law 108-265) signed into law on June 30, 2004 included a provision that requires each local educational agency (LEA) participating in the National School Lunch Program, School Breakfast Program, Special Milk Program and Summer Food Service Program to establish a local wellness policy for their schools.

The Cardinal McCloskey Community Charter School (CMCCS) Board of Trustees recognizes that children need access to healthful foods and opportunities to be physically active in order to grow, learn, and thrive, and that good health fosters positive student attendance and education. Healthy eating and physical activity are essential for students to achieve their academic and physical potential, optimal mental growth, and lifelong health and well-being.

The CMCCS is committed to providing a school environment and school experiences that promote children's health, well-being and ability to learn by supporting healthy eating choices and physical activity.

Therefore, it is the policy of the CMCCS that:

- The CMCCS will engage students, parents, teachers, food service professionals, health professionals, and other interested community members in developing, implementing, monitoring, and reviewing district-wide nutrition and physical activity programs and procedures.
- All students will have opportunities, support and encouragement to enhance their knowledge and skills to understand the benefits of a physically active and healthful lifestyle, as well as to be physically active on a regular basis.
- The CMCCS's child nutrition programs will comply with federal, state, and local requirements. Child nutrition programs shall be accessible to all children.
- The CMCCS will provide nutrition education and physical education as an integral part of the curriculum to foster lifelong habits of healthy eating and physical activity, and will establish linkages between health education and school meal programs, and with related community services.

ADOPTED: 4/15/19