

BREAKFAST MENU

FROM MONDAY, SEPTEMBER 15, 2025 TO FRIDAY, SEPTEMBER 19, 2025

	MONDAY September 15	TUESDAY September 16	WEDNESDAY September 17	THURSDAY September 18	FRIDAY September 19
GRAIN 1-2oz eq	✓ Cereal 🌾🍲	🌿 Muffin 🌾🥚🍲🥛	🌿 Assorted Breakfast Mini Loaves 🌾🥚🍲🥛	✓ Breakfast Bar 🌾🍲	🌿 Bagels with Cream Cheese 🌾🍲🥛
PROTEIN 2 oz	(No breakfast)	(No breakfast)	(No breakfast)	(No breakfast)	(No breakfast)
FRUIT	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
MILK 1C	Low-fat & Fat-free 🥛	Low-fat & Fat-free 🥛	Low-fat & Fat-free 🥛	Low-fat & Fat-free 🥛	Low-fat & Fat-free 🥛

🌿 Vegetarian ✓ Vegan 🌾 Gluten 🥚 Egg 🍲 Soy 🥛 Dairy
We offer Sunflower Butter and Jelly Sandwiches and Cheese Sandwiches on Whole Wheat Bread Daily.
This institution is an equal opportunity provider.